

Five floral secrets from florist to the stars, Jeff Leatham

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Floral superstar and star of Flowers Uncut, Jeff Leatham.

news.com.au

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HE'S a florist to the A-list, the star of *Flowers Uncut* and the rockstar of the wedding world.

Jeff Leatham is also the artistic director for the Four Seasons George V in Paris and has styled for the likes of the Kardashian / Jenner clan, Oprah Winfrey, Eva Longoria, Kylie Minogue.

Here Leatham shares with Wedded Wonderland and news.com.au some of his floral secrets:

1. How much water?



Jeff Leatham is one of the hottest florists in the world.

The least amount of water the better. Flowers don't need water; too much rots the stem. Flowers don't drink, but live off of the humidity inside the stem.

2. On a budget?



He has styled for a plethora of celebrities.

Use carnations instead of roses, snap off the heads, and fill a vase water.

3. What about colour?



Jeff has been voted the Vest Hotel florist in Europe for three consecutive years.

Color block your tables and vary the arrangements. If you have more than four or five tables, use a few different colors, types, and designs for the tables. For instance, if you have six tables, do two different centerpieces and use three of each.

4. Mix and match?



His work is a combination of his love for flowers and passion for design.

The most important thing is to keep it simple by choosing one type of flower for each arrangement. If you're mixing types of flowers, each type of flower should have its own vase.



His creations are bold statements using shape, colour and simplicity to produce a dramatic effect.

5. Wedding advice?

If I can give one piece of advice to a bride, it's don't take advice from others. Everyone has different weddings. Have the wedding you want to have.

Jeff was in Sydney to host an exclusive seminar at the InterContinental hotel in Double Bay yesterday as well as a star-studded Wedded Wonderland dinner.

Capsule dressing: Fashionistas who swear by wearing just 10 items of clothing

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Fashionista Angela Yang swears by capsule dressing — owning just 10 items of clothing and mixing and matching. Picture: Instagram.

Alice Williams news.com.au

TELL the truth. When you read about the New York [art director](#) who wore the same simple but stylish outfit to work every day for three years, didn't part of you think it was an act of genius?

No more mornings madly trying on every combination in your wardrobe. No more forcing yourself to wear the not quite right pieces you bought on sale to 'shrink into'.

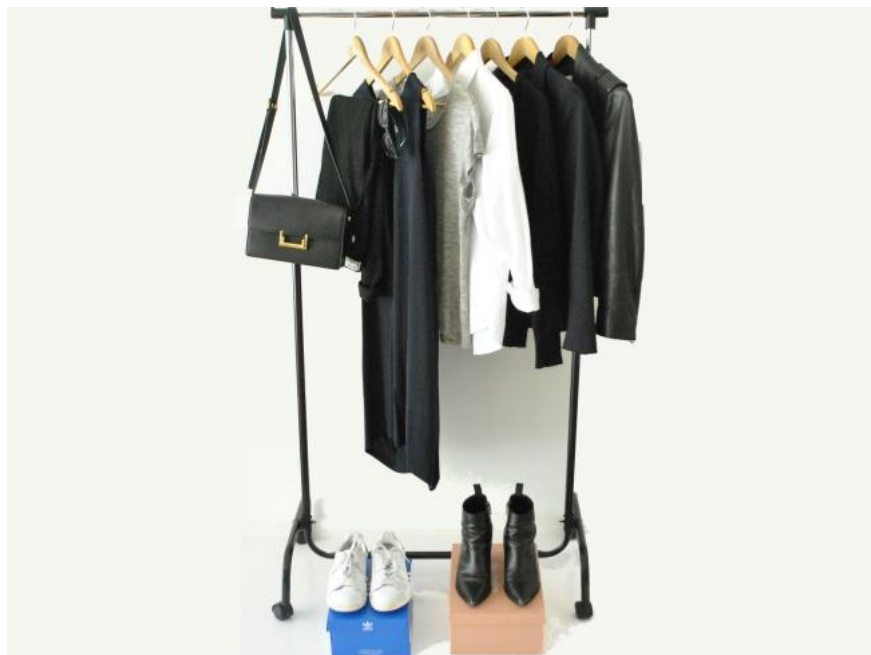


Matilda Kahl has been wearing this same shirt to work every day for 3 years. I wonder if she's sick of it yet. Source: *Instagram*

If you're attracted to the benefits of uniform dressing (Saving time, money and many square kilometres of headspace), but aren't ready to commit to buying 15 versions of the same blouse, 'capsule dressing' may be for you.

With capsule dressing, you base your wardrobe around only seven to ten key pieces and simply dress them up with accessories. You base your core pieces on what you already know works for your shape and style.

"Capsule dressing is chic but effortless," says Melbourne stylist [Angela Yang](#). "Think Anna Wintour's floral shift dresses, Zuckerberg's hoodie, Job's turtlenecks."



Here is Angela Yang's capsule wardrobe. It consists of a grey T-shirt (Acne Studios), white shirt (Uniqlo), black jumper (H & M), navy shift dress (COS), navy blazer (ZARA), black leather jacket (Acne Studios), black plain ankle boots (Acne Studios), White trainers (Adidas), sunglasses (Ray-Bans) and small-medium sized bag (Saint Laurent Paris). Source: *Supplied*



One of the many looks Angela Yang wears, using some of her 10 basics. Picture: Instagram. Source: *Supplied*

HOW TO TRY THIS AT HOME: BUDGET

[Heather Anschau](#), Editor of Wedded Wonderland, says the key to mastering capsule dressing is to selectively invest in pieces of high quality and wearability.

“I recommend that girls save their hard-earned pennies for two or three key designer pieces that will instantly lift the look of your outfit. You can then skimp on the more on-trend items that will go out of style quicker.”



Heather Anschau invests in only quality items, but buys few of them. Picture: Instagram. Source: *Supplied*

WORK ON YOUR OWN STYLE

“Capsule wardrobes are very anti-trend, so to avoid rapid dating go for simple, timeless pieces. No peplums, no prints, no crop tops, nothing that can ‘date’ a garment,” says Yang. Once you’ve chosen a style that works well for you, find a few stores that do that style well.

“Don’t be afraid to pin down ‘a look’ that you can keep to. Find a few stores that fit your look, and buy from them repeatedly. I love Swedish brands and the Scandinavian aesthetic, so I tend to stick to those brands because the pieces work well together and are well made. But for some people it’s a more GAP/ American collegiate look, or English rose.”

NEUTRAL COLOURS + ACCESSORIES

“When building a capsule wardrobe, aim for neutral pieces, as these tend to go out of style less regularly,” says Anschau. “You can keep them clean and simple with a few accessories, or play with pops of colour for a bolder look,” says Anschau.

“Never underestimate the difference a few pieces of great jewellery can make. Pair a statement necklace with a pair of ripped jeans and a cotton tee, add heels and voila — instant chic.”

Pick a colour scheme and stick with it, suggests Yang. “For me that’s white, grey, black and navy. But neutral combos work well, like grey, tan, taupe, ‘greige’.” For Melbournites it’s as simple as black on black on black.



Black and grey are Angela Yang's go to colours. That way everything matches. Picture: Instagram. Source: *Supplied*

FABRIC

“Go for wool, cotton, leather and linen — fabrics that are long-lasting and wear well,” says Yang.

Don't be afraid to buy multiples: Just as uniform dressers have multiples of the same item (Steve Jobs had [100 identical](#) Issey Miyake jumpers), if something works for you, don't be afraid to buy multiple pieces in multiple shades.

“I have that Uniqlo shirt in grey, navy, blue and striped,” says Yang. “Uniqlo is perfect for capsule dressing because they do so many basics and they're great quality. And because black ankle boots are perfect for me and my lifestyle, I have four pairs in different heel heights, different materials.”

FIT

Invest in alterations, says Yang. “Things like pant and sleeve length are telltale signs of quality. Get things fitted! Take the sleeve up if it's too long. For the shirt, it's also a worthwhile investment to get a tailor to make a few small changes, they do really make a difference. Things like getting a bigger size and tailoring down is a great idea for girls with a bigger bust.”



Angela Yang's top 10. (OK, 11, if you count the glasses). Source: *Supplied*



The clothes Heather Anschau swears by. Bag: Dior, Jacket: Viktoria and Woods, Lipstick: Bobbi Brown, Hand Cream: Alchemy, Jumpsuit: Natalie Chapman, Perfume: Chloe, Necklace and earrings: Samantha Wills, Hat: Supre, Blouse: Moss & Spy, Dress: Manning Cartell, Denim Skirt: A Brand, Jeans: A Brand, Shoes: Azzedine Alaia, Bracelet: Samantha Wills, Dress/gown: Sass & Bide Source: *Supplied*